









## SELF-INTERROGATION

### Mind Power Treatment for August 2009

Continue to use the Power of your spoken word to say this blessing for yourself at whenever you need to combat negative, self-defeating thought during this month of August:

*Create in me a clean heart oh God, and renew a right spirit within me. I open my mind and my heart to receive the Infinite Love of God that fills my being with Peace and Love. Daily I realize the greatest and happiest possibilities of God-in-me. I see the greatest and happiest possibilities of good for myself, for everyone and everything.*

*Daily I practice a happy, believing and loving approach to Life. I go forth into life loving the God-in-me, loving the good in me. Because I believe that God is for me I now doubt my doubts but I do not doubt God. I feel good about myself. I feel like a winner; I feel healthy about myself. I feel happy about myself. I feel successful about myself. I feel prosperous about myself.*

*I expect to receive all the good I desire because I believe I deserve it. I love God-in-me; I love the good possibilities and the good realities God has placed within my own being. The Lord is my Shepherd, I shall not want. According to the decisions I make, the actions that I take, I create my life experiences. If I don't like what I am experiencing I know that I can change my future by changing my attitude which in turn changes the decisions I make and the actions I take.*

*I continue to see the greatest possibilities of happiness for myself and everyone. With God happiness is not only a possibility but a reality to me as I maintain a winning attitude of, "I can!"*

*Thank you, Father. Amen.*

### Affirmations for August 2009

Use the **Power** of your spoken word to say these Affirmations for yourself at least twice every day throughout this month of August:

**How sweet it is!**

**The God-in-me knows what to do, how to do it, and does it easily and effortlessly through me, for me, and as me.**

**I am a winner and I believe it.**

**I doubt my doubts but I do not doubt God-in-me!**

**I easily make changes in my life by making good decisions and taking action.**

**I feel GREAT about myself.**

